

**The Additional Information of the Capacity building and skills
enhancement initiatives taken by the institution**

Session: July, 2023 to June, 2024



Criteria-V: Student Support and Progression


Anandaram Dhekial Phookan College

RRB Road, Nagaon-782002, Assam

Reports on Capacity building and skills enhancement initiatives organized by ADP College in collaboration with Other Institutions

ADP College has organized different capacity building and skill enhancement programmes in the year 2023-2024 in collaboration with NCC Unit, IQAC, NSS Unit, etc. Various programmes related to Soft skills, Language and communication skills, Life skills such as Soft Skills: Time Management, ITC Workshop, One day Workshop on Stress Management, ICT CRS Training Programme Data Analyst, Professional Development Programme, Awareness Programme on Health and Hygiene, International Day of Yoga, World Environment Day, Menstruation Hygiene Day, PLEDGE against Drugs- Say no to Drugs, NSS North East Festival, FAECAL and SLUDGE Management, Computer Literary Programme were organized where around 929 students had enrolled.

The reports of various programs are attached herewith.



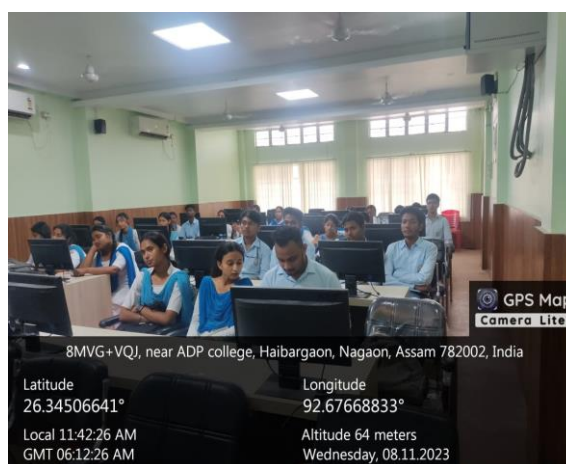
Principal
ADP College
Nagaon (Assam)

REPORT ON “AWARENESS PROGRAMME ON HEALTH AND HYGIENE”

Date: 08/11/2023

Organized by: Minority Cell & SC, ST, OBC Cell

A programme on “Awareness Programme on Health and Hygiene” was organized by Minority Cell and SC, ST, OBC Cell in collaboration with Internal Quality Assurance Cell (IQAC), Anandaram Dhekial Phookan College, and Nagaon on 08/11/2023. Dr. Chittaranjan Nath, Assistant Professor, Department of English, ADP College was invited as a resource person. He delivered a lecture on physical health and hygiene to be maintained by every person and also focused on mental health. He also highlighted the importance of physical health and hygiene and stated various ways to uphold a healthy lifestyle. A total of 30 numbers of participants were present in the programme including students, teaching and non-teaching staff.





Roopjyoti Hazarika

Convenor

SC, ST, OBC Cell

ADP College, Nagaon





BRIEF REPORT ON INTERNATIONAL YOGA DAY- 2024

□ REPORT:INTERNATIONAL YOGA DAY – 21st JUNE- 2024, FRIDAY

YOGA CELL, ADP College in collaboration with NCC UNIT and NSS Celebrated IDY- 2024 Programme at Nagaon ADP College Indoor stadium on 21st June 2024, Friday from 8.00 am onwards. In the beginning, coordinator of the Yoga cell Mr. Nipon Das detailed the importance of Yoga in Human life. Dr Jalin Prakash Chetia hosted the programme and felicitated to National Yoga Instructor Mr Sankar Devnath with an Assamese PhoolamGamusa. Before starting the programme Principal Dr Sadananda Payeng delivered a lecture to the gatherings. In the Programme More than 57 NCC Cadets, NSS as well as College students along with the Invited Instructor Shri Sankar Devnath and College professors were participated in the programme for encourage the students. Instructor Devnath reputed as International Judges also and he adjoining to Nagaon Kisholoy Gosthi. He demonstrated many Asanas to the students. After the end of the programme refreshment were served to every participant.

**CELEBRATION OF
INTERNATIONAL DAY
OF YOGA-2024**

Organised by
Yoga Cell & IQAC, A.D.P. College

In collaboration with
NCC Unit & NSS
Anandaram Dhekial Phookan College

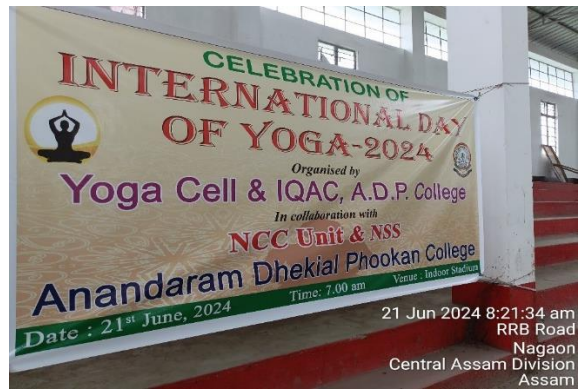
Date : 21st June, 2024 Time: 7.00 am Venue : Indoor Stadium



21 Jun 2024 8:18:09 am
Nagaon
Central Assam Division
Assam



21 Jun 2024 8:13:23 am
Nagaon
Central Assam Division
Assam



21 Jun 2024 8:21:34 am
RRB Road
Nagaon
Central Assam Division
Assam

A Brief Report on the programmes organized by the NSS Unit of ADP College

The NSS Unit of ADP College has organized several programs related to Capacity building and skills enhancement such as Life skills (Yoga, physical fitness, health and hygiene) and computing skills. The List of the programmes the unit has organized in the session 2023-2024 are:

1. Menstruation Hygiene Day



2. PLEDGE against Drugs-Say no to Drugs



3. NSS North East Festival





4. Faecal and Sludge Management

Program on Faecal Sludge and Septage Management (FSSM) Organised by Woman Development Center Supported by NSS Unit, ADP College & Nagaon Municipal Board and UNICEF Assam
 NSS Assam NSS India Himanta Biswa Sarma Anurag Thakur Ministry of Health and Family Welfare, Government of India Ministry of Youth Affairs and Sports, Government of India



5. Computer Literary Programme

